

Guidance and Counseling in Elementary School

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ABSTRACT

The general objective of this community service activity is facilitating the theoretical and practical BK services in Muhammadiyah Elementary School of Special Program in Surakarta and MIM Kartasura in implementing Permendikbud No. 111 of 2014 in an effort to improve the professionalism of teachers. In particular, the purpose of the community service is to facilitate the understanding the partner schools in Counselling services in the areas of personal, social, learning, and career. The service activities include socialization Permendikbud No. 111 of 2014 concerning guidance and counseling services in primary school, a discussion on the basic concept of guidance and counseling, and workshops on the implementation of guidance and counseling in Muhammadiyah Elementary School of Special Program in Surakarta and MIM Kartasura. Community service activities have received positive responses namely the formation of a formal institution Institute of Guidance and Counseling in each school. These institutions equipped with the personnel in charge, coordinator and teacher who oversees areas: personal, social, learning, and career.

Keywords: implementation, guidance and counseling, primary school.

I. INTRODUCTION

A. Background

The existence of the Regulation of the Minister of Education and Culture of the Republic of Indonesia Number 111 Year 2014 on Guidance and Counseling In Elementary Education and Secondary Education, every elementary and secondary education levels need to carry out the activities of guidance and counseling services in a professional manner. Guidance and counseling means a systematic, objective, logical, and sustainable and programmed conducted by counselor or teacher of guidance and counseling to facilitate the development of the learner / counselee to achieve independence in their lives.

The 2013 curriculum entailed learners to determine the specialization of academic, vocational and physical cross-

specialization options and deepening specialization through guidance and counseling services. Permendikbud No. 111 in 2014 and in 2013 the curriculum entails the implementation of activities of guidance and counseling services in schools, including primary schools. Therefore special teachers (counselors) are required formally to implement the guidance and counseling services. In fact, the activities of guidance and counseling at the primary level has not institutionally exist.

Problems faced by the schools (education) at elementary level, up to now the government has not formally employed guidance and counseling personnel. So that guidance and counseling services in primary schools has not been implemented to the fullest. Similarly, primary school Muhammadiyah PK Surakarta and MIM PK Kartasura both have no special teachers (counselors) who carry out the activities of guidance and counseling services.

This community service activities are expected that SD Muhammadiyah PK Surakarta and MIM PK Kartasura are able to realize the implementation of guidance and counseling services optimally and professionally.

B. Purpose

Basically this community service is generally aimed at facilitating the theoretical and practical guidance and counseling services in primary school Muhammadiyah PK Surakarta and MIM PK Kartasura in implementing Permendikbud No. 111 of 2014 in an effort to improve the professionalism of teachers. As for the special purpose of community service is to provide guidance implementation Permendikbud No. 111 of 2014 to provide socialization, training and way of implementation guidance and counseling services to principals and teachers covering the following matters:

1. The basic concept of guidance and counseling.
2. Strategies and coping mechanisms Learners.
3. The availability of facilities and infrastructure required in guidance and counseling services.
4. Availability of instruments of collecting and storing student data.
5. The ability to draw up programs guidance and counseling
6. The formation of (organization) guidance and counseling formally.

C. Problems

Referring Permendikbud No. 111 of 2014 on the implementation of the guidance and counseling primary school, there are some problems occurred in SD Muhammadiyah PK Surakarta and MIM PK Kartasura:

1. No implementation of guidance and counseling services.
2. There are no special personnel who carry out the service guidance and counseling.
3. Absence of facilities and infrastructure (dedicated space) to carry out individual counseling services / groups.
4. Do not have a collection instruments and data storage services for the benefit of guidance and counseling.
5. The absence of institutions special services that manage guidance and counseling.

D. Solutions Offered

In accordance with the purpose of community service in SD Muhammadiyah PK Surakarta and MIM PK Kartasura, the activities carried out are socialization and workshop on the implementation of permendikbud of guidance and counseling services in primary school to the principal and homeroom I - VI, the participants were 14 people.

E. Program Benefits

Community service activities are basically meant for socializing and impenlention of which Permendikbud No. 111 of 2014 concerning the counseling especially elementary school teachers in SD Muhammadiyah PK Surakarta and MIM PK Kartasura. Therefore practitioners team hopes, through the community service activities, the two elementary schools are implementing guidance and counseling services as defined by the government, the Minister of Education and Culture.

II. TARGET AND OUTPUTS

A. Target Community Service

The target of the community service activities through PENAKERJA models, one of programs developed by PGSD FKIP

UMS, is a relationship of partnership between PGSD with SD (Elementary School).

The expected target is as follows: 1) Each school principal is able to manage service activities guidance and counseling in schools, 2) Every participant is capable of implementing the guidance services in class, 3) Fulfillment of infrastructure services guidance and counseling in SD Muhammadiyah PK Surakarta and MIM PK Kartasura, 4) Establishment guidance and counseling service program in SD Muhammadiyah PK Surakarta and MIM PK Kartasura, and 5) Formation of guidance and counseling service organizations in SD Muhammadiyah PK Surakarta and MIM PK Kartasura

B. Outcomes

1. Community service is implemented in the form:
Socialization Permendikbud No. 111 of 2014 on the implementation of guidance and counseling services in schools.
2. Training workshop preparation or student data collection instruments, preparation of guidance and counseling programs in schools, strategies and measures to solve the problems faced by learners.
3. Establishment of guidance and counseling agency organization at school as well as the establishment personnel responsible.

In accordance with the objective of community service, then the expected outcomes at each school (SD Muhammadiyah PK Surakarta and MIM PK Kartasura is as follows:

- a. The principal is able to manage the activity of guidance and counseling services in schools.
- b. Each teacher is capable of implementing the guidance services in each class.

- c. The fulfillment of special room and the facilities and infrastructure of guidance and counseling services for students.
- d. Establishment of program guidance and counseling services in schools.
- e. Establishment of guidance and counseling services organization in the SD Muhammadiyah PK Surakarta and MIM PK Kartasura
- f. The implementation of guidance and counseling services for students, both in order to prevent and resolve any problems.

III. METHOD

The solution offered in implementing guidance and counseling services at the partner school is SD Muhammadiyah PK Surakarta and MIM PK Kartasura implemented through lectures, discussions and workshops. This community service participants each school made up of principals and class teachers grade I to grade VI. The team consists of 3 lecturer and students of PGSD 1 FKIP UMS.

Lecture and discussion method to socialize and discuss the material on the implementation of the basic concepts of guidance counseling based Permendikbud No. 111 of 2014, while workshops are for the implementation of the program counseling services. The workshop was divided into two groups, namely a group of participants of SD Muhammadiyah PK Surakarta and MIM PK Kartasura group of participants.

The workshop materials include materials about coping mechanisms, preparation of guidance and counseling program in schools, and the preparation of data collection instruments, preparation of guidance and counseling institutions and personnel. The rationale of the grouping is

based on both schools background and condition.

1. The implementation is planned as follows:
The first day: Saturday, August 8, 2015, where at MIM PK Kartasura.
2. The second day: Saturday, August 15, 2015, where in SD Muhammadiyah PK Surakarta.

Infrastructure is needed in the implementation of community service, among others:

1. Module or dissemination material and workshops.
2. Media socialization and workshop is a form of power point via LCD

In the implementation, workshops were divided into 2 groups, ie groups of SD Muhammadiyah PK Surakarta and MIM PK Kartasura. Each school consists of the school principal and six teachers of grade I to VI

IV. PROGRAM IMPLEMENTATION

A. Time and Place of Execution

The initial step before a community service carried out, the team first held an initial meeting with each school principal (SD Muhammadiyah PK Surakarta and MIM PK Kartasura). The meeting was conducted to:

1. Explain the purpose of community service.
2. Determine the time and place of implementation.
3. The method of implementation of community service, namely:
 - a. Lecture and discussion about socialization Permendikbud No. 111 of 2014.

- b. Technical workshop on the implementation of guidance and counseling services in schools.
- c. Establishment of guidance and counseling services as well as establish the personnel responsible for executing them, which include:

- 1).Responsible person (the principal)
- 2). Vice Principal
- 3). Coordinator guidance and counseling
- 4). Private Sector Coordinator
- 5). Coordinator of Social Affairs
- 6). Field Career Coordinator
- 7). Field Study Coordinator.

Based on initial meetings, it was agreed that the community service was held for 2 days, while his place alternating between SD Muhammadiyah PK Surakarta with MIM PK Kartasura

B. Content Community Service

This community service is an implementation Permendikbud number 111 of 2014 on the implementation of guidance counseling (BK) in primary and secondary education, particularly at the elementary level in the form of socialization and workshops.

The materials covered include:

1. Dissemination guidance counseling based Permendikbud No. 111 of 2014 (by: Filter Marsudi, Pd)
2. Strategies and mechanisms to overcome the problem of learners (by: Murfiah Dewi Wulandari, M.Psi). Problem-solving workshop materials:
 - a. Pointed out that there are cases in each school.
 - b. Create systematics:
 - 1) identification of cases
 - 2) Identification of problems

- 3) Diagnosis
- 4) Prognosis
- 5) Therapy
- 6) Evaluation and follow-up
3. Preparation Work Program guidance counseling (by: Drs. Suwarno, Pd).
4. Data Collection Instrument (By: Filter Marsudi, Pd).
5. Workshop establishment of guidance counseling

Personnel Institute guidance counseling:

- a. Chair (Principal) in charge.
- b. Coordinator BK
- c. Private Sector Coordinator
- d. Coordinator of Social Affairs
- e. Coordinator Career
- f. Coordinator Problem Study

V. RESULTS AND DISCUSSION

A. Results of Students Problem Solving Workshop

A case in MIM PK Kartasura:

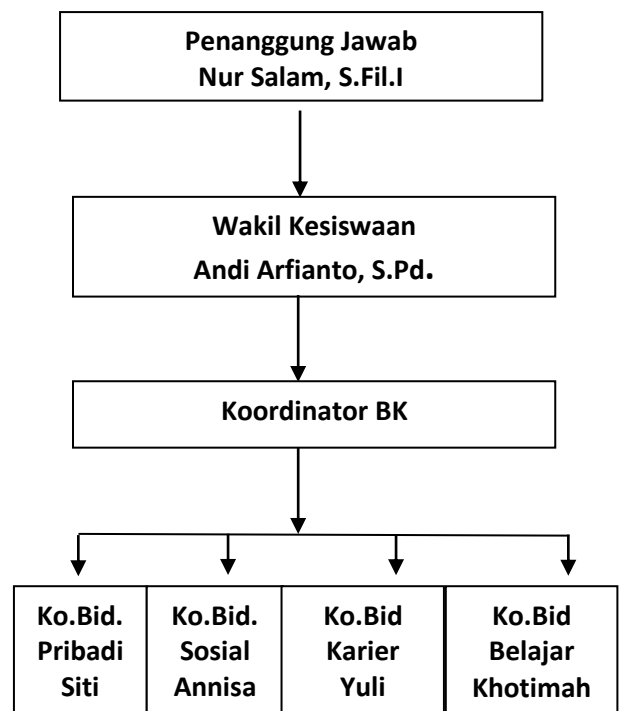
- 1) Identification of case: a child often permit to rear (BAK) lesson time, activities outside the classroom, meet new people, occupies a new place, and face a replay.
- 2) Problem Identification: high anxiety in the face of new things.
- 3) Diagnosis:
 - a. Methods of observation in the classroom and in the field.
 - b. Method interviews with parents.
 - c. Home visit to an old people's homes
Causes of the problem are: parents (father and mother) of high anxiety.
- 4) Prognosis:
 - a. Problems faced by students can still be overcome
 - b. Those who provide guidance: teachers, parents, psychologists.
 - c. Implemented in school, at home.
- 5) Treatment:

With counseling, then a change:

- a. Timing of urination
- b. Adjustment of the seat
- c. Given understanding
- d. Evaluation: Timing of urination frequency is normal

B. Results Workshop Establishment Guidance Counseling Organization in School

SD MUHAMMADIYAH PROGRAM KHUSUS KOTTABARAT SURAKARTA



C. Discussion

1. Achievement Indicators of Success Program
 - a. Desire implementation guidance and counseling services in schools
Devotion through PENAKERJA program has successfully reached indicator (target) planned, ie willingness to implement school guidance and counseling services at each elementary school Muhammadiyah PK Surakarta and MIM PK Kartasura). This success can be described as follows:
 - 1) Each school to involve principals and classroom teachers of grade I to VI

- 2) All participants play an active role during the workshop on the dissemination and implementation guidance counseling in schools.
 - 3) Each activity workshop produce products related to problem-solving techniques, programming, and the availability instrumen data collection for the purposes of guidance and counseling services in SD.
 - 4) Realization of the program drafting BK services and personnel in SD Muhammadiyah PK Surakarta and MIM PK Kartasura.
- b. Factors Supporting Success
- In general, the factors that support the success of community service are:
- 1) Both SD Muhammadiyah PK Surakarta and MIM PK Kartasura has implemented guidance and counseling services to students at school through the learning process.
 - 2) SD Muhammadiyah PK Surakarta teachers are used to make home visit in order guidance kepada learners interactively between the school and parents dalam family. To solve the problem of existing students a psychologist, but its nature is incidental.
 - 3) At MIM PK Kartasura guidance and counseling services it was already done by the teachers, just not yet programmed and terorganisasi in the form of guidance and counseling institutions in schools.
 - 4) The existence of a strong desire between both schools, as well SD Muhammadiyah PK Surakarta and MIM PK Kartasura the top schools that became the idol of society to educate their children at these two schools. SD Muhammadiyah PK Surakarta the best schools, while MIM PK Kartasura is inclusive schools.
- c. Obstacle factor.

As for the factors inhibiting the implementation of guidance and counseling services both schools include:

- 1) The ability of teachers in terms of mastery of the basic concepts of guidance and counseling techniques, because they are not a graduate from the Department of Guidance and Counseling.
- 2) The absence of adequate infrastructure because of funding.

D. Sustainability Program

Community service activities is not final. It is necessary to evaluate and follow-up. So the next program is:

1. Monitoring the implementation of the results of the workshop on the implementation of guidance and counseling services both in SD Muhammadiyah PK Surakarta and MIM PK Surakarta.
2. Training for personal guidance and counseling as which ones have been listed in the organization guidance counseling institutions in each school. Training, among others: (1) data processing techniques kepada students, (2) training of counseling techniques, and (3) troubleshooting techniques.

VI. CONCLUSIONS AND SUGGESTIONS

A. Conclusion

Based on the results of socialization and workshop on the implementation of guidance and counseling based on Permendikbud No. 111 of 2014 in SD Muhammadiyah PK Surakarta and MIM PK Kartasura, it can be concluded that:

1. Basically the teachers at both schools are finally understand the basic concepts or theories of counseling and guidance is fundamental.

2. Implementation of guidance and counseling for students who have problems with strategy which refers to guidance counseling services 17 plus pattern, with appropriate measures of guidance and counseling.
3. The principal provides a dedicated space and facilities needed for guidance and counseling services.
4. There are complete and valid data collection instruments, to collect student data for the benefit of guidance and counseling services.
5. SD Muhammadiyah PK Surakarta has a guidance and counseling program for both semesterly or yearly program that covers the entire field of services (personal, social, career and learning).
6. Establishment of guidance counseling institutions in each school, and set up of personnels which includes: responsibility (principals), Vice Principal, Private Sector Coordinator, Coordinator of Social Affairs, Field Career Coordinator, Field Study Coordinator.

B. Suggestions

1. The principal needs to carry out the training of the teachers, especially the personnel in the organization of the guidance and counseling in schools, on the basic concepts and techniques of guidance and counseling.
2. There should be a special room to provide guidance and counseling services in order that the guardianship is not disturbed by situation of the external environment.
3. Keep the availability of the data collection instruments and data storage is adequate, so that the confidentiality of student data is maintained.
4. It is expected that there are cooperation with professional institutions such as

psychologists, doctors or others that are relevant to improve the quality of guidance and counseling at school.

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