THE EFFECTIVENESS OF SPORT TALENT CLASSIFICATION SINCE EARLY AGE

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Abstract

The effort to get talented athletes should be done by scouting talent from an early age. Scouting talent can be done since preschool. Because the intelligence of a child in the preschool years developing well, that is when a child before the age of seven years. After the age of seven intelligence of a child will be changed into skill ability. Identification and introduction of sporting talent from an early age is the most substantive progress in the future of Indonesia sport. Alternative ways to create talented athletes in sport is to classify the sports talents of children from an early age by providing stimulus and training according to age. Classification and stimulus will be given to early childhood designated for ages 5-6 years. The process of identification and the given stimulus will provide the strength about child's psycho-biological criteria to be directed to certain sports. Approach made in making this report was started by pouring over literature studies which include books, journals – both international and national – on effectiveness of talent identification and other various aspect that is closely related to talent in sport classification at young age. Prior to literature study, observation on objects was initially conducted. Data that are relevant to this research were recorded and analyzed. Books and journals that were referred were also put into record by sentences. Quotations that are relevant were also made. Books that were referred are of those that are read by most students in relevant field. Classification of sports talent from an early age are very influential for motor development of children as growing up adults. Therefore the classification of sports talent from an early age is proposed in this paper as an alternative for talented athletes.

Keywords: *Classification, scouting talent, stimulus*

INTRODUCTION

Athletic talent is a privilege since infancy. It is given from birth and can potentially expanded systematically. Each and every talent within a child shall be nourished and trained as child's growth and motoric nerve system will potentially benefit from it. Effectiveness of a child's talent development is closely tied to the role of parents, teachers, coaches, as well as stakeholders that are related to the sport which a child is bounded to. Awareness by parents and coaches at the stage of development is crucial as it is to provide children with flexibility for them to decide which field of athletic suite them most. The best way possible to classify these children's talent is by identifying them, and no time is better to do so than while children are in preschool.

In athleticism intelligence and skill are two most profound building blocks. If the two are well accommodated along with the child's growth, achievements that can be potentially met by children can be the best possible and gain these children the brightest prospect of their future. Among the two aspect explained beforehand, intelligence is an important component to balance skill as there are two major aspects. There are multiple alternative that can

be taken to exercise intelligence. In Indonesia alone, talent identification on infants has not yet been well established. There has not been an adequate support given by the government in nourishing young talents as there also has not been much introduction on how crucial it is to identify sport talent at a very young age. There are still too many coaches and teachers who struggle individually in nourishing these young talents. Given the situation, any support in whatever form that can be provided by the government is prominent to boost their effort. Therefore, the significance of this research is to enlighten parents, teachers, coaches, and other according stakeholders to work closely altogether to identify children's talent and skill in athleticism, respective to what suite them most. As an addition, the importance of this report is to facilitate the development of a child's motoric nerve system at all aspect.

What early classification explained before possibly bring to a toddler is confidence building. As support from environment, particularly parents, is pivotal to a child's talent discovery, therefore it is required to take effective and accurate approach. Difficulty to find young talent also adds up to strain in developing athlete since young age. Systematic

approach to do so is highly required, and also, it should be kept in mind that the scope of search needs to be widen, reaching remote regions as there is also a high potential for young talents on such regions. If this alternative could be carried out effectively, it is highly possible that young athlete could be discovered as early as possible.

Referring to method taken by developed countries, various support by the governments, including funding, is proven to be pivotal. Advancement in technology also contributes to the result made by those countries, as it is understandable that high caliber achievements is a complex process, requiring lots of time and resources. There are undeniably both external and internal factors which hold back the discovery of young talent. Environment and equipment which the children are surrounded with is proven to be contributive to whether or not they will thrive. Experience proves that only those who is exposed to early talent identification who would manage to achieve high performance athleticism.

RESEARCH METHOD

Approach made in making this report was started by pouring over literature studies which include books, journals – both international and national – on effectiveness of talent identification and other various aspect that is closely related to talent in sport classification at young age. Prior to literature study, observation on objects was initially conducted. Data that are relevant to this research were recorded and analyzed. Books and journals that were referred were also put into record by sentences. Quotations that are relevant were also made. Books that were referred are of those that are read by most students in relevant field. Journals at national level which were referred to were of those proved to be accurate and acceptable among academia. Description analyzed were applied accordingly into this report, thus it stayed relevant. Generally, this report is based on literature studies. Adding to various resources above, writers' experiences were also accounted in making this report.

RESULT AND DISCUSSION

The development of sport equipment has been through major advancement to date, at which various technology has also been applied. It is undeniable that science and technology disrupts development of sports.

To discovery young talent in sport today systematic steps are required: 1) Scouting promising individual, 2) recruiting them at early age, 3) continuous monitoring on those talents, 4) supporting these talents along the way. It is more often than not that achievements made by athletes are thought to be related to early development. It is believed that doing so would ease these athlete during their development during adolescent. Aside from providing support, it is also desirable for these athlete to be naturally talented. Bompa (Bompa, 1990) stated that identifying athlete since at early age was nothing new. By having a concrete procedure, these young talent is potentially to be discovered early. Supports by governments and sophisticating technology does exist to boost this procedure. Each type of sports are also given with particular age range at which youngster can be classified. Therefore, coaches need to be equipped with knowledge required regarding this classification. Adding to that, children to be discovered need to be motivated at all stages. Because if children has been used to achieving what they desired on, training them would be a lot easier. Aspect that is often overlook is facilities – which is pivotal in providing these young talents.

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