

PARENTING TRAINING THROUGH CHILDREN EDUCATION CENTER FOR KINDERGARTEN TEACHERS IN KECAMATAN SERANG REGION

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ABSTRACT

This community services activity is motivated by the importance of stimulation efforts and optimization of child development so UPI Serang Campus initiated the establishment of Child Education and Recreation Center named "Kidsera" whose main purpose is to facilitate the growth of children through the service package program offered. One of the programs in it is parenting seminars and training for teachers and parents to be able to provide effective stimulations to trigger the child's optimal development in all physical and psychological aspects. However, it is unfortunate not many people who take advantage of this service to the maximum due to lack of information and many are hesitant about this program. Therefore, through this activity is expected to kindergarten teachers and early childhood can be an agent to convey information and material contained in parenting seminars and training in Education Center Children UPI Campus Serang to parents. Thus, the target audience in this activity is the teacher Tk and PAUD in Serang sub-district. Community-based devotional activities in the field of science education, produce the following points: (1) formulation of parenting training programs for optimizing child growth; and (2) guidance of children education center program activities especially for parenting / parenting training activities for parents, teachers of kindergartners, and other interested parties. (3) the publication of scientific articles related to various educational activities that parents can do to facilitate the learning process and child development in every aspect (physical, motor, cognitive, emotional, moral and spiritual), which will be published in national scientific journals.

Keywords: Parenting, Child Education Center, Kindergarten Teacher

INTRODUCTION

The growth of children at an early age will greatly determine the quality of intelligence, health, and emotional maturity in the future. Therefore, education for early childhood should provide effective stimulation to trigger the child's optimal development in all physical and psychological aspects. Stimulation and optimization of early childhood development is done to stimulate and optimize all sensory systems (hearing, sight, touch, taste) which will have an impact on the child's brain development.

Taking into account the importance of stimulation efforts and optimizing the growth of children, UPI Serang Campus initiated the establishment of Child Education and Recreation Center named "Kidsera" whose main purpose is to facilitate the growth of children through the program package services offered. Kidsera brings the concept of edutainment (education and entertainment) which not only provides a variety of fun educational activities but also facilitates the learning process and child development on every aspect (physical, motor, cognitive,

emotional, moral and spiritual). Institutions with the concept of edutainment that offer a package of such program services are still rarely found in Banten Province, one of a kind but more "majestic" institution is Kidzania located in Jakarta. Besides that, in Serang city, there is no institution with edutainment concept yet, the competitor so far is Smart House in Kopasus Park area founded by Yayasan Kartika Siliwangi. In addition, Kidsera plans to initiate a special outbound program for children whose obstacles, games and ropes will be tailored to the child's physical characteristics and the security element will be supervised by the UPM Quality Assurance Agency and the Team of the Director General of PAUDNI. Another uniqueness that distinguishes between Kidsera with similar institutions is Mentor who served accompanying children during the activity is a mentor who is trained with the equivalent education qualifications Diploma and Bachelor of Early Childhood Education.

The forms of activities offered to be a vehicle for self-development and optimization of potential children, these activities include: cooking class, science class, music and dance classes, art and craft classes, role play and storytelling class, and outbound. In addition to activities intended for children aged 4 to 10 years, there are also activities intended for parents, teachers and general parenting seminars, workshops about child development, nutrition and nutrition for children, childhood illness, and prevention of sexual violence in children.

Related to seminars and parenting programs, although very useful for teachers, parents and early childhood education practitioners, but not many of those parties who use the program due to various reasons. Based on interviews with four teachers from different kindergartens and early childhood in Serang sub-district, most teachers and parents do not know that UPI has program services that accommodate seminars and parenting training, in addition many of them are still in doubt whether the material provided in

seminars and parenting training are really useful and useful to them. Taking this into consideration, the implementing team pkm proposed a program of dedication to science-based knowledge communities that seeks to facilitate teachers' understanding of the importance of parenting that supports the optimization of child growth. The main focus of the problem that is expected to be solved through this community serviceS program is how the form of facilitation provided by Child Education Center in order to increase the understanding of kindergarten teachers and early childhood about the form of child care that supports the development of children. The main issues are spelled out into more specific questions as follows: (a) Are there any effort to improve the understanding of kindergartens and early childhood teachers on childcare forms that support child growth and development has been well facilitated? (b) Do Kindergarten and Early Childhood teachers know that the Child Education Center has parenting seminar / training services for optimizing child growth? (c) Do Kindergarten and Early Childhood teachers get contributions from seminars / parenting training organized by UPI Campus Children Education Center Serang?

Based on those issues in general, the community service program aims to facilitate teachers' understanding of the importance of parenting that supports the optimization of child growth through the utilization of the Child Education Center as a provider of parenting seminar and training programs.

LITERATURE REVIEW

Definition of Parenting

Parents are mother, father, someone who will guide in a new life, a guard, or a patron. Parent is someone who accompanies and guides all stages of child growth, which care for, protect, direct the child's new life in every stage of development (Brooks, 2001). Parenting closely related to the ability of a family or household and community in terms

of giving attention, time and support to meet the physical, mental, and social needs of children who are in growth and for other family members (ICN , 1992 in Engel et al., 1997). Higuchi (2014) mentions that nurturing includes a variety of activities aimed at optimizing the child's growth and survival. The principle of parenting does not emphasize on who (the actor) but rather emphasizes the activities of child development and education. Meanwhile, Jerome Kagan defines parenting as a series of decisions about socialization in children, which include what parents / carers should do in order for the child to be responsible and contribute as a member of the community as well as what the parent / caregiver should do when children cry, angry, lie, and do not perform their duties properly (Berns, 1997).

Berns (1997) mentions that care is an ongoing process of interaction and affects not only for the child as well as for the parents. Similarly, Brooks (2001) also defines nurturing as a process that refers to a series of actions and interactions by parents to support child development. The nurturing process is not a one-way relationship in which parents affect children but more than that, parenting is a process of interaction between parents and children affected by the culture and social institutions in which children are raised. Some definitions of nurturance indicate that the concept of parenting includes some basic notions, including: (a) parenting aims to promote optimal growth and development of children, both physically, mentally and socially, (b) nurturing is a continuous process of interaction between parent and child, (c) parenting is a socialization process, (d) as a process of interaction and socialization of the care process can not be separated from the socio-culture where the child is raised.

Type of Parenting

Based on the process, parenting is divided into various types or types including physical care, emotional care and social nurturing (Higuchi, 2014). Here's explained in more detail:

- a. Physical parenting includes all activities aimed at keeping the child well fed by providing basic needs such as eating, warmth, hygiene, sleep tranquility, and satisfaction when disposing of metabolic waste in the body.
- b. Emotional parenting includes mentoring when children experience unpleasant events such as feeling alienated from their friends, fear, or experiencing trauma. This emotional nurture includes care for the child to feel valued as an individual, to know the feeling of being loved, and to have the opportunity to make choices and to know the risks. This emotional nurturing aims to have a stable and consistent ability to interact with the environment, create a sense of security, and create an optimistic sense of the new things that will be encountered by the child.
- c. Social parenting aims to make children not feel alienated from the social environment that will affect the development of children in later times. Social parenting is especially important because the social relationships built into parenting will shape the point of view of itself and its environment. Good social nurture focuses on providing assistance to children to integrate well in their home and school environment and help teach children the responsibility social to be carried.

The Functions of Parents in Parenting

Parents as mentors and caregivers of their children should set a good example to their children from the behavior taught daily, then how to talk and so on. Parents should be careful to keep the heart, verbal or words, and actions against the child. Success and error are part of the parenting process. Being an effective, consistent, active, and attentive parent is a dream for everyone so parents should be well aware of their functions and roles in child care and education. Some parenting functions in child care include:

- a. Responding. Responding is responding to the child appropriately. Parents should provide good care of the child by guiding all activities performed by the child. When children make

mistakes, parents can respond quickly to children quickly and appropriately. Parents should be responsive to the child in the proper way. Being responsive is to think about all the options before making a decision, considering the previous similar events and their impact on the events faced in the present.

- b. **Monitoring.** Monitoring is to monitor the interaction of children with their social environment. In this case the parents always need to supervise their children when interacting with others around him. The social environment is very important for the development of the child. It is therefore important for parents to guide their children and give full attention when children interact with their surroundings.
- c. **Mentoring.** Mentoring is helping children actively to have the desired behaviors. In this case, parents need to guide their children actively to the desired behavior, generally normative behavior. The role of parents in carrying out this function is very important to be able to make children active, creative in doing something that suits their interests. Parents should also support the activities of the child if the activity is felt to bring a positive impact on children's education.
- d. **Modeling.** Modeling is making yourself a positive and consistent example or role model for the child. Parents also need to apply the modeling aspect with full commitment and consistency.

DISCUSSION

Implementation of Parenting Training Through Children Education Center

Parenting training activities for kindergarten and PAUD teachers in Serang sub-district come up with the theme: *Autonomy Stimulating Parenting*, and this activity can be said to run quite smoothly, the activity was attended by 50 kindergarten and early childhood teachers located in the district of Serang. Although there are some schools that do not send their representatives to be trainees.

Activities going on successful, safely and

orderly manners. Participants follow the activities with serious and enthusiastic, the speakers deliver the material activities clearly and interestingly. At the end of the event participants are asked to complete a feedback sheet to express their impressions during the training, as well as suggestions for the implementation of similar programs in the future. Activities closed with souvenir handover for Dr. Dewi Tjahyaningrat, M.Pd, prayer readings, and photos with participants, presenters and the executing team.

Through the implementation of this program of community service, some of the activities have been achieved, some of which are in accordance with the predetermined output targets, so it can be said that so far all the results achieved show positive results.

The first outcome of this activity is improving the understanding of Kindergarten teachers who participate in parenting training on the importance of careful parenting and can optimize all aspects of child development.

In addition, this activity also produces the formulation of parenting training program that can be a reference and reference to be utilized by parents and teachers of early childhood educator in order to apply the nurturing that is able to optimize and optimize all aspects of early childhood development. To support the formulation of the parenting training program, a guideline for the UPI Campus Serang Education Center program was also organized which included the program curriculum and various activities packages offered along with the benefits.

In the framework of publication and dissemination of community service activities, a scientific article is also prepared which examines educative activities that parents can undertake to facilitate the learning process and child development in every aspect (physical, motor, cognitive, emotional, moral and spiritual), which will be published in national scientific journals. In addition to these outcomes, this activity also produces results in the form of prospects towards the establishment of cooperation between UPI

Kampus Serang with UPTD Pendidikan Kota Serang, Himpaudi Provinsi Banten, and IGTKI Kota Serang.

Supporting and Constraining Factors that Affects Parenting Training Program

In the implementation of community service program activities are encountered various things that become the supporting factors and obstacles that become inhibiting factors in the implementation of the overall activities. Several factors that support the implementation of community service activities include:

- a. The high level of enthusiasm and positive interest from participants during the activity, this is a major factor that makes the activity can run smoothly and effectively.
- b. Consistency and high commitment of the implementing team to conduct community service activities so as to create a solid, productive and persistent team in organizing community service programs. The existence of sincerity and high discipline of all parties involved in carrying out community service activities bring to the successful implementation of this activity.
- c. Positive response from the parties involved in community service activities so as to facilitate the process of licensing, consolidation schedule and so on.

Meanwhile, several factors that serve as constraining factor of the implementation of community service programs are:

- a. Obstacles during the dissemination of invitations, because some schools have moved there and some are closed or no longer operating.
- b. Difficulty determining agreement schedule to meet with resource person / speaker of activity. Due to the busyness of each party is crowded, then some agenda was delayed. After several times to re-schedule the meetings, the team finally managed to meet the Head of UPT Education Office of Serang City to coordinate and consolidate the implementation of community service activities and request the willingness to participate in training activities as resource person or speaker. The difficulty of setting a schedule for this meeting can only be overcome if one party is willing to relax the

busyness and meet the schedule set by the other party. Only then can the agreement of time to meet be established.

CONCLUSION

This community service program is a form of implementation of one of the points of Tri Dharma Perguruan Tinggi. In this case Higher Education and academic community in it is expected to apply the expertise of science education and parenting of early childhood in building the community in the form of activities that are contributive and beneficial to the target audience.

From the results of observations during and after the community service activities took place, it can be seen that this activity received a positive interest from the community who became the target of the activity and successfully achieved the target outcome set previously.

Based on the results of the evaluation activities formulated a follow-up program of community service activities. The follow-up program is mainly focused on cooperating efforts and signing a memorandum of understanding with various parties, including UPTD Pendidikan Kota Serang, Himpaudi Provinsi Banten, and IGTKI Kota Serang. This cooperation is expected to bring positive impact on the improvement of UPI image of Kampus Serang in the community as well as socialization and promotion of Children Education Center "Kidsera" in UPI Campus Serang to the public.

RECCOMENDATION

Based on the results of the activity, several recommendations are presented to several parties, including:

1. For Kindergarten and Elementary School institutions, it should utilize various activities offered by Education Center for Children of UPI Serang Campus as a vehicle for self development and optimization of children potency. These activities include: cooking class, science class, music and dance class, art and craft classes, role play and storytelling class, and outbound. In addition to activities

intended for children aged 4 to 10 years, there are also activities intended for parents, teachers and general parenting seminars, workshops about child development, nutrition and nutrition for children, childhood illness, and prevention of sexual violence in children;

2. For the academic community of UPI Serang Campus, it should increase the knowledge and knowledge about the concept of education and care of Early Childhood in order to share the knowledge to the community as a contribution of science expertise to the life of the society;
3. For government institutions and professional education organizations, it is expected to take an active role in the socialization of the importance of appropriate parenting patterns, to establish and optimize all aspects of child development. In addition, government agencies and professional education organizations are also expected to increase cooperation with relevant parties, one of them the college, in organizing various training for teachers and parents related to stimulation and optimization of child development.

American Psychological Association.

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