

## Safety Skill Approach Using Hand Bear

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**Abstract:** It should be realized that cases of sexual violence against children are synonymous with increasing cases of pornography, primarily through the internet and social media. The freedom and ease of accessing the internet support the increase in cases of sexual violence against children. Yayasan Kita and Buah Hati were surveyed in 2012 and found that 76% of children in grades IV to VI of elementary schools in Greater Jakarta have seen pornographic content. Most children download pornographic content from their own homes by accident. In contrast, others download pornographic content from internet cafes, cell phones, or from friends. Personal safety skills or personal safety skills are skills that need to be mastered by children to maintain their safety and avoid acts of sexual violence.

**Keywords:** Sexual Violence, Pornography, Safety Skill

### Introduction

According to data from Komnas Perempuan, it shows that the rate of sexual violence against women is still high. In 2014, there were 4,475 cases. In 2015, there were 6,499 cases, and in 2016 there were 5,785 cases. Meanwhile, the data presented by MaPPI FHUI researcher (Faculty of Law, University of Indonesia) Bestha Inatsan Ashila, who monitored the news in online media for the last three months much more surprising. In his monitoring period from August to October, there were 367 reports of sexual violence. A total of 275 of them occurred in Indonesia. As many as 73 percent or the largest occurred on the island of Java, followed by Sumatra with 13 percent, 5 percent occurred in Papua, 4 percent occurred in Bali-NTB-NTT, Sulawesi 3 percent and Kalimantan 2 percent. Sexual harassment from the closest people 80.23% .

In recent years, cases of child sexual violence in Indonesia have increased. KPAI (Indonesian Child Protection Commission) mentions pornography, sexual violence, and commercial sexual exploitation of children, in 2011 there were 329 cases, or 14.46 percent of the total number of cases. Meanwhile, in 2012 the number of cases increased by 22.6 percent to 746 cases. Then in 2013 until October, sexual violence against children monitored reached 525 cases or 15.85 percent. This data was obtained through public complaints, news in the mass media, and investigations of child sexual abuse cases. The Secretary-General of KPAI said that the majority of victims of sexual violence were boys, with a ratio of 60 percent of men and 40 percent of women. The profiles of the perpetrators in almost all cases are the closest people to the children, such as teachers, uncles, biological fathers, stepfathers, and neighbors. However, the United Nations (UN) found through research in 21 countries that the level of violence experienced by girls is one and a half to three times higher than that of boys, and most of the violence is experienced in the family environment (UN, 2006).

KPAI said that sexual crimes against children are a national disaster for the Indonesian people. Currently, sexual crimes have been categorized as extraordinary crimes. Sexual crimes will damage the next generation of the nation because of the tendency of victims to become perpetrators when they grow up. In the investigation, several cases mentioned this, for example, the case of sexual

harassment by Peri Padli, the perpetrator of the sodomy case against nine children in Punggur Kecil Village, West Kalimantan Province. Peri Padli revealed that she had been a victim of sodomy when she was in the third grade of elementary school. The number of cases of violence against children, especially sexual violence, because physically and psychologically, children are weak people, so they are vulnerable to being victims of violence and sexual abuse.

It should be realized that cases of sexual violence against children are synonymous with increasing cases of pornography, especially through the internet and social media. The freedom and ease of accessing the internet supports the increase in cases of sexual violence against children. Yayasan Kita and Buah Hati conducted a survey in 2012 and found that 76% of children in grades 4 to 6 of elementary schools in Greater Jakarta have seen pornographic content. Most children download pornographic content from their own homes by accident, while others download pornographic content from internet cafes, cell phones, or from friends (Anwar, 2014).

According to the opinion of Sarwono (2010: 205) explaining sexual behavior starting from holding hands with girlfriends, women (93%), kissing men (61.6%), women (39.4%), touching men's breasts (2.32%), female (6.7%), holding genitals, male (7.1%), female (1%), sexual intercourse, male (2%).

The aims of this paper are as follows: **[1]** Formulate programs to reduce child sexual abuse, **[2]** Formulate steps for a safety skill approach using a hand bear, **[3]** Formulate the parties involved in it that support the implementation of the program

The Benefits are Finding solutions to deal with harassment sexual harassment by instilling the value of courage in children in order to reduce the impact of sexual harassment so that they can teach children about sex education from an early age and reduce the number of child sexual abuse that is currently rampant

## **Method**

The approach used in this paper is descriptive qualitative based on literature review and observation. Primary data includes observational data. Secondary data includes: (1) books relevant to the topic of writing, (2) scientific papers, (3) articles from the internet, and (4) research results. The data collection is secondary data in the form of relevant theories were obtained by the literature review method. The data obtained were analyzed descriptively qualitatively. The preparation of this paper has gone through systematic steps, so that the results of a complete and structured study are obtained. The steps taken in writing this paper are: (1) finding and formulating problems, (2) finding and selecting relevant literature sources, (3) analyzing data to answer problems, (4) formulating alternatives solving problems, (5) drawing conclusions and recommending suggestions, and (6) compiling written papers.

## **Result and Discussion**

### **Urgency**

In recent years, cases of child sexual violence in Indonesia have increased. KPAI mentions pornography, sexual violence, and commercial sexual exploitation of children, in 2011 there were 329 cases, or 14.46 percent of the total number of cases. Meanwhile, in 2012 the number of cases increased by 22.6 percent to 746 cases.

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elementary schools in Greater Jakarta have seen pornographic content. Most children download pornographic content from their own homes by accident, while others download pornographic content from internet cafes, cell phones, or from friends.

The Old Ideas are, [1] Homeroom technique, According to Romlah (2006: 123) homeroom is a technique of creating a family atmosphere that is used to hold meetings with a group of students outside of class hours in a family atmosphere, and is led by a teacher or counselor. [2] Early childhood sex education, The process of Islamic sex education which is carried out in stages, must be in accordance with the level of growth and development of the child's insight. In addition, gender (male and female) must also be considered. Because these two types differ in maturity in terms of sex. According to the researchers, women mature faster than men in terms of sex. In this case, the stages of sex education for girls are more concise than for boys. This is because boys reach puberty between 13, 14 and 15 years. Meanwhile, women reach puberty between 9 and 10 years, especially in hot countries (Madani, 2003: 101). [3] Self efficacy, Self-efficacy, namely the belief in the ability to organize and perform the actions needed to produce certain skills (Bandura, 1986). [4]airy finger program, Training through the “Fairy Finger” (Teacher Teaches Self-Protection) program. This program module is structured based on aspects of the prevention of ASD, namely: 1) increasing teacher professionalism in terms of KSA knowledge, 2) understanding the mandatory role of teachers as KSA agents, and 3) teacher skills in teaching protective behavior to children against KSA (Section, 2000; MacIntyre et al., 2000; Macleod & Nelson, 2000; Goldman, 2005).

### **Literature review**

Giving character education is very helpful for teachers and parents to teach children that anti-social behavior is not good for life. Character education provided in the form of collaborative group learning trains children to work together with friends and be responsible.

Sex is all about the genitals and sexual relations. While sexuality is everything about the way of thinking, feeling, dressing, expressing opinions, and behaving.

Sex education is an effort to teach, raise awareness, and provide information on sexual issues given to children since they understand issues related to sex, instincts, and marriage. Sexual education is a life-long process that includes the delivery of information and the formation of attitudes, beliefs, and values about identity, relationships, and intimate relationships. So in conclusion, sex education is an activity where there is an effort to understand, raise awareness, and convey information about the problem of sexual harassment.

Sex education activities to teach about reproductive health. Sex education really needs to be taught to children to avoid negative things such as sexual violence against children (KSA). Sexual harassment is Sexual harassment is unwelcome sex-related approaches, including requests for sex, and other verbal or physical behaviors that refer to sex.

Approach Safety Skill Using Hand Bear, Personal safety skill is a method of approaching a personal safety skill that needs to be mastered by children in order to maintain their safety and avoid acts of sexual violence which has three components, namely recognize, resist, and report. Hand bear is a tool that is used to convey information through dolls that are modified similar to humans to teach sexual prevention to children to prevent sexual violence against children (KSA). The safety skill approach using the hand bear method is very helpful for teachers and parents in providing sex education. And provide an understanding that sexual harassment is very dangerous for physical and mental health.

Steps to implement ideas

1. The teacher or counselor approaches the child

2. The teacher or counselor prepares a hand bear doll consisting of 1 boy doll, 1 girl doll, 1 father doll, and 1 mother doll. , chairs, cupboards, beds, other toys.
3. Teacher or Counselor tells the rules and how to play.
4. Children must consider the hand bear dolls, boys and girls, as perpetrators.
5. Children are told a problem as experienced.
6. The child must live the situation.
7. The teacher or counselor begins to interview the client, but don't be forced to speak for the child's comfort so that they want to talk on their own.

### **Parties who help implement**

Parties are: (a) The main role of the teacher is to be able to provide material and learning about sexual education to children according to their abilities because teachers can correctly identify the various types of students' personalities so that they can use appropriate methods for their delivery. (b) The main role of parents is to provide information and examples of what children can and cannot do and to provide supervision to children so they don't get along wrong. (c) The local community plays a role in external supervision of children so that they can provide supervision to children. (d) The most important thing is that the child himself is willing to listen and pay attention to what has been conveyed by parents, teachers, and the local community.

### **Conclusion**

Sexuality is how humans get erotic experiences and express themselves as social beings. Sexual harassment is unwelcome sex-related approaches, including requests for sex, and other verbal or physical behaviors that refer to sex. Like holding or touching the male and female intimate areas. Therefore it is necessary to apply sex education.

Sex education itself is an activity to teach about reproductive health. The purpose of this activity is to raise awareness of the importance of reproductive health so that acts of sexual harassment and infectious diseases can be prevented.

The steps in carrying out the program consist of approaching children, prepare a hand bear doll consisting of 1 boy doll, 1 daughter doll, 1 father doll, and 1 mother doll. , chairs, cupboards, beds, other toys, tell the rules and how to play, consider boy and girl hand bear dolls as perpetrators, children are told a problem as they are experiencing, children must live the situation, interview the client, but don't be forced speak for the comfort of the child so that he wants to talk by himself. Those who play an important role in this program include: teachers, parents, society, and the children themselves.

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## Appendix

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**Figure 1: Doll Pictures**