

## GUIDANCE COUNSELING SERVICE APPROACH IN PRIMARY

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### Abstract

Schools as an educational institution and the community needs to develop a miniature inspire learning in accordance with the demands of the era .Global without prejudice to the ability of learners in achieving that goal. One of the efforts that had been taken was floated wide range of extra-curricular activities in the form of programs, programs that lead to the development of the student as well as some services are able to accommodate the student's ability and the use of approaches, strategies, methods, and techniques used. Qualitative research carried out on the basis of inductive naturalistic that promote development that originated from such specific concepts, views and understanding that comes from the shape of the existing data, to then lead to the conclusion or the end result. Data collected through interview, observation and documentation. Method used in testing the validity of the data or check the truth is that by extending the time of the study, collecting data continuously, hold triangulation. Approach Service guidance counseling in elementary school Muhammadiyah Special Programme refers to the shape of the problems experienced by students are on five points, namely the problem of academic form of problems to study and non-academic form of problems of development of the individual, the problem of individual differences, problems of individual needs, problems of adjustment and disorders behavior.

**Key words:** counseling service, primary school

### INTRODUCTION

Education is seen as an integral part of community life in the global era which should be able to provide and facilitate the growth and development of intellectual skills, social, and personal. Education must develop the skills and competencies of learners. Intellectual skills, social, and personal built not only on the grounds of reason and logic alone, but also inspiration, creativity, moral, intuition (emotion), and spiritual. Schools as an educational institution and the community needs to develop a miniature inspire learning in accordance with the demands of the global era without prejudice to the ability of learners in achieving that goal. One of the efforts that had been taken was floated wide range of extra-curricular activities in the form of programs, programs that lead to the development of the student as well as some services are able to accommodate the student's ability and the use of approaches, strategies, methods, and techniques used. Of the many such business, actually to be

summed and an overview of the efforts carried out by the school to realize the goal of true education. Teachers in teaching and guiding role didikung with knowledge of counseling, in other words that the functions, duties and responsibilities gurusebagai pendidikb and teachers, science ownership necessitates guidance and counseling. Guidance is an integral part of the educational process and to have contributed to the success of the process in the school (Juntika, 2005: 5). From the above statement it is understood that the process of education in schools can not be good akanberhasil if not supported by implementation guidance well too.

In general the problems faced by individuals, especially by students in schools that require counseling services are: Personal problems, learning problems, problems of education / career, leisure waktu use, social issues. In serving students who have such problems, a teacher must understand the approaches and strategies to solve them.

So that basic education be formal Elementary School is able to provide role

should provide strong foundations for the development of the personality, morals, attitudes, values, social, and potential students. Characters become very urgent to be developed in Indonesian society today is based on the reality of how this nation is experiencing a multidimensional crisis, where unemployment is high, poverty is an everyday sight, moral degeneration affects all elements of society, the high rate of corruption, violence in the name of religion, social unrest, desire community groups who want to escape from the Unitary Republic of Indonesia, and the threat of global competition in sight.

So the concept of developing a balanced education that not only drove the students to the achievement of academic intelligence, but also ensure the attainment of the development of a healthy and productive self. Where students are individuals who are in the process of evolving or being (becoming) towards the maturity that requires the guidance of a structured (Yusuf, 2009: 2).

#### **Literature review**

Etymologically the term guidance is a translation of the word "Guidance" is derived from the verb "to guide" meaning "show, guide, lead, or help." In general, the guidance can be interpreted as a help or guidance, however, does not mean all forms assistance or guidance is the guidance. Assistance in the form of guidance in terms of guidance and counseling must meet certain requirements as to which of the following is stated.

According to Article 27 of Government Regulation No. 20/90, "Guidance is the assistance given to students in an effort to find a personal, familiar environment, plan for the future." (Department of Education, 1994). According to Prayitno (1983) in Sutirna (2013: 13) defines that: Guidance is a relief given to an individual or group in order to grow menjadi independent person. This independence mencakup five key functions to be run by the private self is: (a) know ourselves and the environment, (b) accept yourself and the environment in a positive and dynamic, (c)

take decisions, (d) direct themselves and (e) manifests it self.

Based on the definition of the guidance that has been suggested by experts above and the principles contained in the sense of guidance it can be concluded that the guidance is the process of providing assistance (process of helping) to individuals in order to grow into an independent person and is able to understand themselves and their environments, steer yourself and adjust positively and constructively to the demands of religious life and cultural norms so as to achieve a meaningful life, are happy personally and socially.

Guidance of a process of assistance to continuous and systematic than the supervisor to be guided in order to achieve independence in self-understanding and self-realization, in achieving the optimal level of development and adaptation to the environment. So it can be said also that the guidance as a process of helping individuals to achieve optimal development.

Yusuf (2009:37) states: Guidance is a process of providing assistance to individuals on an ongoing basis, so that people can understand him, so that he could direct himself and bertidak fairly, in accordance with the demands and circumstances of the school environment, family, society, and life. So as to achieve happiness in life and can make a significant contribution to the life of society in general. Based on the definition of the guidance that has been suggested by experts above and the principles contained therein, it can be concluded that counseling is the process of providing assistance to individuals in order to be able to understand and accept themselves and their surroundings, direct yourself, and adjust positively and constructively to the demands religious and cultural norms of life so as to achieve a meaningful life, are happy personally and socially.

#### **Research methods**

Qualitative research carried out on the basis of inductive naturalistic that promote development that originated from such specific concepts, views and understanding that comes from the shape of

the existing data, to then lead to the conclusion or the end result (sukardi, 2006:11)

Selection of the research approach is based on the consideration that the data to be searched is data that describes the process of implementation of the guidance and counseling program in SD Muhammadiyah Surakarta Special Program. Data collected through interview, observation and documentation. Method used in testing the validity of the data or check the truth is held triangulation, discussions with colleagues.

Approaches and strategies Service guidance counseling in elementary school Muhammadiyah Special Programme refers to the shape of the problems experienced by students are on five points, namely the problem of academic form of problems to study and non-academic form of problems of development of the individual, the problem of individual differences, problems of individual needs, problems of adjustment and behavioral abnormalities.

Realizing that the school should implement guidance and counseling in accordance with the mandate Permendiknas 111 in 2014 which was based on function: **a).** Preventive functions. Preventive function implemented should lead to the slow lorises efforts to prevent the onset of problems. Implementation of preventive function in the form of services provided to students to avoid the various problems that could hamper its development. **B).** understanding functions

Understanding the function implemented should lead to efforts to help students deepen their understanding of themselves (potential, advantages, and disadvantages), environmental (social, cultural, and religious). Based on the understanding of the student should be able to develop themselves optimally and adapt itself to the environment in a dynamic and constructive. **C).** function Improvements Functionality improvements implemented should lead to efforts undertaken Pember preventive function leads to efforts to provide assistance to students who have experienced problems, either concerning aspects of personal, social,

learning, and future orientation. **D).** function Development The function of the development carried out directed to assist students in maintaining and developing the overall personality is steady, effective, and sustainable. Here, the school strives to develop positive potentials are basically already exists on students in order to develop actual and sustainable. Based on the analysis of the permendikbud eat this discussion is based on the function of such services in determining the approach and strategy guidance and counseling services in primary schools. Because through these services through strategic guidance and counseling permalsalahan faced by students can be resolved. The approach and strategy was implemented in several forms, namely:

### **1. Approach Counseling Services.**

According Syamsu and Juntika (2005: 81) approach the guidance and counseling there are four kinds, namely, the crisis approaches, remedial approach, a preventive approach and the development approach. The following description describes four approaches.

#### *a. Approach Crisis*

The approach is a crisis counseling and guidance efforts are directed to individuals in crisis. The purpose of guidance and counseling with this approach is to overcome the crisis or the problems experienced by the individual. Guidance and counseling services with this approach, usually in practice guidance teachers or counselors waiting for clients to come so they provide assistance in accordance with the crisis that is felt by the client. This approach is greatly influenced by the flow of psychoanalysis (Freud) in which the past is something that is decisive for the functioning of the personality in the present.

#### *b. Remedial approach.*

Remedial approach is the attempt of guidance and counseling directed against an individual in distress. The purpose of guidance and counseling in this approach is to eliminate various troubles experienced by the individual. The focus of guidance and counseling in this approach is that individual weaknesses so working to fix. This approach

is greatly influenced by the flow of behavioristic psychology (Rogers), with emphasis on the client's behavior in the here and now. Individual behavior is now influenced by the atmosphere at the moment anyway. Therefore, to change the behavior of individuals need to manage the environment so that it supports to change the behavior of the individual concerned.

*c. preventive approach.*

Preventive approach is business guidance and counseling geared to anticipate common problems and try to avoid in order not to happen to individuals. Teacher guidance seeks to provide knowledge and skills to avoid the problem. This approach is not based on a particular theory, it may be said that this approach has many therapeutic techniques but little concept.

*d. development approach*

Guidance and counseling services are developing now is guidance and counseling development (development counseling). Vision guidance and counseling is educational, development, and outreach (Syamsu & Juntika, 2005). Instructive because the focus of guidance and counseling services to the prevention and development. Development since the main purpose of guidance and counseling services are: the optimal development strategy and the main effort is to provide guidance and counseling to ease the development of individuals through the development of environmental engineering. Outreach for the target population of guidance and counseling services are not limited to individuals with problems alone, but covers a wide dimension (problem, targeted intervention, setting, method, and duration of service). Techniques used in the service of guidance and counseling services are learning, information exchange, role play, tutorial and counseling (Muro & Kottman1995).

## **2. Method Counseling Services**

Counseling is one counseling techniques. Through this method the relief effort are given individually and directly face to face, in other words face to face. Through counseling methods: 1. Counseling Ditektif The counselor tried to redirect the client to fit

the problem. Here the counselor's task is very active for member assistance so that this method has been criticized primarily by adherents understand that the main purpose of counseling to clients independence. 2. The non-directive counseling. In practice counselor only holds talks while the counselor accomodating and directing, this method is certainly difficult because most of the students who had the personality of a closed, normally reserved and hard to talk. 3. Counseling eclectic. The merger between the directive and the methods of non-directive methods

To support these efforts, Schools should implement a comprehensive education by taking positive measures and concrete by combining things that exist in the mandate of Law National Education and Permendikbud No. 111 of 2014, implementing modern systems, and implement education that is integral-holistic , As implemented in SD Muhammadiyah Special Program in which students are given an element of teaching to a student's academic intelligence and guidance elements that lead to the development of affective and psychomotor student.

**First**, combine two education systems. This is done by combining education system that leads to the formal teaching and learning activities adheres to the school system in general and non-formal education through students' everyday life set out in full day, as usual system applied to an integrated school. This is consistent with the explanation Blocher (1974) in Rita Mariyana et al (2010: 17) that the learning environment is a physical context, social, and psychological in the context of the individual to learn and acquire new behaviors.

**Second**, apply modern concepts. The modern concept developed in maintaining good and take on new discoveries better. Meaning here that applying the concept of contextual education relevant to the current condition and make adjustments to the times according to the needs and global challenges. **Third**, implement a system of integral-holistic education. Education teaches students to think as a whole and realize that

he is a part of life that is so broad. Integral-holistic education seeks to build whole human beings through the development of all aspects of human dimensions holistically, include: the potential for academic, spiritual, emotional, social, creative and physical potential (Megawangi et al., 2008: 23). Integral-holistic education at the elementary school Muhammadiyah Kottabarat Special Programme must be implemented through a process that leads to the development aspects of the knowledge and skills required as stock through life.

### CONCLUSION AND SUGGESTION

Education is an important asset for the advancement of a nation. Greatness of a nation is always measured by the extent of educational quality of its human resources. The character into something very important to continue to develop the human resources of Indonesia in addressing the needs of society and the global competition that is in front of the eye. For that discourse and research about the character continuously performed komprehenship, especially in the academic environment. In general strategies and approaches can be implemented counseling services with a critical approach, remedial, preventive, while the development of methods and strategies implemented through group and individual counseling. Kelompok that guidance through the home room, field trips, discussion groups, student organizations and others, while individual guidance through counseling directive, non-directive and through eklektif.

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